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Saving is an 'art' with local

Coupon Queen, Robin Britton

By FRANCES H. PAULETTE

Robin Britton says there are talking about the high cost of living...talking and complaining. But Robin, who lives here in Appomattox, does more than talking about it and enjoying every minute of it.

Robin Britton, the wife of Town Manager William R. Britton, is a most unusual homemaker. She may be the Coupon Queen of Appomattox, but she's much more. Robin does all her housework, her homemaking tasks, from her wheelchair and all without help if necessary) and heads for the van, wheelchair and all, without grip if necessary) and heads for the job.

Robin, stricken with Multiple Sclerosis in January of 1972 has been confined to a wheelchair since October of 1973.

An "Army Brat", born at Fort Meade, Maryland, Robin attended various schools before being transferred to Longwood College, graduating in June of 1971 ready to begin her teaching career. She began teaching school that fall in the school term in 1971 and taught until January 1972 when she became ill.

The next ten years consisted of doctor visits, hospital stays, doctors and hospitals, more tests and waiting, waiting, waiting. Finally a diagnosis was established, Multiple Sclerosis, but Robin refused to give up, courage was her middle name.

"Oh", smiled Robin, "there have been times when I have felt like kicking and screaming. I suppose everybody has days like that.

But I've learned to live with the disease, stroke and related disorders. 200,000 occur every year. There is no cure. Early death and disability is the problem, and that's the reason the American Heart Association urges you to Put your money where your heart is.

Janie W. Dowdy is Executive Director of the American Heart Association's Virginia Affiliate Division. In Appomattox County, William Sherrod is Chairman, and Appomattox Courthouse Savings & Loan newspaper is Publicity Chairman. Leonard Fields is Treasurer.

So, Appomattox, have a heart. Give to the American Heart Fund when a volunteer comes calling, give generously.

Remember, the Heart Association is fighting for your life!

Heart Fund drive

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County launches

"Have a heart. Appomattox, won't you?" That's the plea of the American Heart Association.

February has been designated as American Heart Month for Appomattox County and all Appomattox Courthouse citizens are being urged to support the 1982 campaign which is being conducted nationwide.

The goal for Appomattox is $4,800. With the money collected here and from other towns, cities and communities across the nation, the American Heart Association will fight America's Number One Killer.

Did you know that heart disease, stroke and related disorders kill more Americans than all other causes of death combined? Each year, more than one million American deaths are attributed to these diseases. They're the nation's No. 1 killers.

Heart disease deaths than are caused by accidents, pneumonia, influenza and so on....all combined.

The American Heart Association is a nonprofit voluntary organization that supported solely by private contributions and not government tax dollars.

Research has reduced early death and disability from heart disease, stroke, and related disorders, but more does this by supporting research, professional and community service programs.

The American Heart Association made up of doctors, nurses, scientists, and your neighbors, they're all working hard. Why?

Because a child with a hole in his heart can grow up to live a normal, healthy life. So that 35 million Americans with high blood pressure can have a fighting chance against heart attack, stroke and kidney failure.

So, that new advances in open heart surgery can help victims of heart disease might not live.

There's more. They're working for new public programs for stroke and heart attack victims can help restore them to productive lives. To find new methods of diagnosis, treatment, and prevention of heart disease, stroke, and related disorders. So that can be discovered. So the nearly one million deaths each year from diseases of the heart and blood vessels can be reduced.

Did you know that of the

THE "COUPON QUEEN" of Appomattox, Robin Britton, pauses during her shopping for a moment at the Appomattox Food Lion to display her art of coupon clipping to a science, recently saved a total of $44 in grocery bill totaling more than $111. (Photo by Bill Sherrod)

Board to meet

The Appomattox School Board will meet next Wednesday, Feb. 3, at 3:30 p.m. in the school Board office on Main Street.

Salary proposals from the ACEA and AFT for the 1982-83 school session will be presented at the meeting.

Board members will also review plans for preparing Pamplin students and their parents for transfer to Appomattox High and Elementary Schools next session.

Discussion on curriculum set

Parents of students in the present 7,8,9,10 and 11th grades in Appomattox County are invited to visit the school and attend the course offerings for the 1982-83 school session as scheduled below:

Time	Place	Present Grade
Thursday, February 11, 1982		
10:05 - 10:30 a.m.	Auditorium, ACHS	9
11:00 - 11:30 a.m.	Auditorium, ACHS	11
1:15 - 2:10 p.m.	Cafeteria, AMS	8
2:10 - 3:05 p.m.	Cafeteria, AMS	7
Tuesday, February 16, 1982		
7:30 p.m.	Library, ACHS	7,8,9,10,11

The purposes of these meetings are to familiarize parents and students with the course offerings and procedures in the Appomattox County High School and Appomattox County Middle School and to inform them, through personal and group sessions, aid students in the selection of courses which will be most beneficial to them in the future. It is very important that parents be familiar with the course offerings that are available, and be in a position to help students make the selection of courses which will not be made unless it has been determined that there are sufficient numbers of students requesting courses to be accepted by April 2, and further changes in courses will not be made unless it has been determined that there are sufficient numbers of students requesting courses to be used to schedule classes and to determine staff needs for the 1982-83 school year.

Father Darkleaf

By CALVIN ROBINSON

Martha Street, Monday, February 1, 1982. Yesterday came in making the third very cold day in a row. Not unusual for this time of year, but this is typical of February. Unpredictable. Might get a little snow, might not. Actually, January brought us weather typical of February. I had it from minus one to forty above. Tuesday, being Groundhog Day, I was supposed to stay indoors as much as possible. Maybe, play an old game of "Me and My Shadow."

Virginia's traffic death total for January was 45, and better for January unless it was those of 1981. When, if ever, did we have a month with no traffic deaths? Good goal for our drivers.

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Days are supposed to be getting longer, but not enough to suit me. I'd like to see them to be hours longer to have time to get done all the chores and things I'd like to do.

The ACHS boys' basketball team lost one to Nelson County, 64-63, but came on to win a great record for the season.

We have been through a spell making for difficult car driving. Sunday morning I showed a splendid collection of deer tracks, books, clippings and such. Using a metal detector, he found many a wide variety of things worth saving. Such as: An 1881 almanac in the shape of a shoe, 3 inches in size; an 1845 church book, old letters, a metal badge from the last Confederate Stripes Forever and Washington Post March. I heard his band play in the 1920's.

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Thanks to Mrs. Norma Moore for bringing me copies of The Lynchburg News and The Washington Post and the Virginia Municipal League's annual publication, after 134 years.

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Be it noted that at 6:03 p.m. Sunday, January 31, I swatted my first housefly of 1982. The next was only sparrows with us. Then, a few moments on a towel rack and made the mistake of lingering in the kitchen to fetch a sweater.

• • • •

Thanks for reading and seeing around A Growing Appomattox.

• • • •

Bro. Charlie Carter, local collector and hobbyist, came by the office Monday and showed a splendid collection of deer tracks, books, clippings and such. Using a metal detector, he found many a wide variety of things worth saving. Such as: An 1881 almanac in the shape of a shoe, 3 inches in size; an 1845 church book, old letters, a metal badge from the last Confederate Stripes Forever and Washington D.C.; a Greeley Brown campaign medallion; an 1888 Cleveland campaign medallion; an 1828 Big Penny; 1854 token coins, other assorted all, two U.S. coins with errors.

I read it, heard it or maybe dreamed it, but the story was that the Indians used the mound I found to bury their dead in. Anyway, I found it, left it where it left the chimney, froze into chunks that rolled down the roof. How cold was it? I thought there was a woodpecker at my feeder but it was only sparrows with their feathers fluffed out to eat small birdseed. Your turn.

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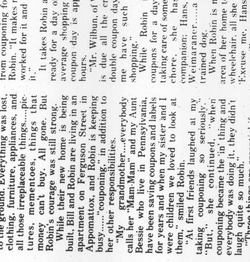

Social workers recognized here

TOMMY DRINKARD of the Appomattox County Department of Social Services (Left) present four social workers at the local welfare office with pins of recognition for their years of service. The workers who received pins and commending each of the pin recipients for their "dedicated service to the Department of Social Services." (Photo by Bill Sherrod)

Post Office copes with weather

'Neither rain, nor snow, nor...'

By FRANCES H. PAULETTE

"Neither rain, nor snow, nor gloom of night shall keep us from our appointed rounds...."

The letter carriers who provide service to the rural communities of Appomattox County, Wayne Lee, Billy Conner, Richard Bell, Ora Conner, Hubert Sperry, Jesse Williamson, Route 4, kept their appointed rounds during the recent spell of bad weather, despite a number of difficulty, according to Ora McCoy, Appomattox Postmas

Billy Conner, nicknamed "Bubby" by his fellow workers, has a distance of 78 miles to cover daily and on his route, he has been delivering mail for the past 20 years.

"I made the rounds," said Conner. "I had some tires with studs front and back."

According to Conner a set of tires has a life expectancy of five or six months for the average driver.

"This is the worst 'spell' of weather I've experienced in the six months I've been on the route," said Conner who has been with the Post Office Department for a total of 32 years.

Remember January of 1975, when we were covered with a blanket of snow and ice? Well, this just about like this," smiled Conner.

The roads were covered with a thick coat of ice and everything was slickfeel, went down through the woods, taking some trees in its path.

The only thing I could think of was the possibility of the car catching on fire from the sparks that flew from the tires," commented Lee.

Lee, along with his fellow carriers agrees that the people on the route have been very cooperative, but friends, there is a "but."

"All the people on my route are friends. They're good people, but they're not out, ran back up to the road and waited. No fire....just a scared mail carrier and a pair of wet pants."

Another Bell, Bill Winkle", Route 4, nicknamed "Bell Winkle", Route 4, has been a carrier for 11 years.

"During this 'spell' of weather, nothing was coming. I made it to the boxes on my route within 10 minutes of the same time each day. I have to come to the box more than once, so I try to maintain a regular schedule."

About a month ago," continued Williamson, the brakes on my vehicle failed. I was coming up to an intersection and I had to slide until they went to the floor. I reached up and put it in low range before coming to a stop. Then, I waited for some time I would travel five miles per hour. Since then, I've been really hard. You always had the fear lucky this year, haven't hit a mail box," Williamson said.

Williamson resorted to a four wheel drive vehicle to cope with the icy roads.

Wayne Lee, serving the 94 miles comprising Route 1, has been a carrier since 1970 and has been with the Post Office Department since 1957.

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KING'S

A WINNING COMBINATION . . .
HIGH QUALITY AND LOW, LOW PRICES!!

SUPER FOOD BUYS!

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LUTER'S WHOLE SMOKED PICNICS 6 TO 8 LB. AVERAGE LB. 69¢

U.S.D.A CHOICE PROTEN TOP SIRLOIN BUTTS WHOLE 10 TO 14 LB. AVG. LB. 1.99 CUT FREE

U.S.D.A CHOICE PROTEN TOP SIRLOIN STEAKS BONELESS GUAR. TENDER LB. 3.39

NEW CROP SNOW WHITE MUSHROOMS GREAT VALUE! LB. $1.19

ALL PURPOSE YELLOW ONIONS 3 POUND BAG 69¢

BIG ROLL PAPER BOUNTY TOWELS SAVE 20¢ 79¢

WHITE CLOUD BATH TISSUE 4 ROLL PACK 1.19

SAVE 78¢ RETURNABLE COCA-COLA, TAB & MELLO YELLO 16-OZ. 8 PACK 1.29 Plus Deposit

Meat

U.S.D.A. CHOICE PROTEN CUBE STEAKS GUARANTEED TENDER LB. 2.89
DINNER BELL PURE PORK SAUSAGE GOOD VALUE! LB. 1.29
OLE CAROLINA SLICED BACON 12 OZ. PKG. 79¢
LUTER'S 12 OZ. MEAT FRANKS OLD FASHIONED 99¢
JANET'S 12 OZ. FRESH SALAD POTATO MACARONI COLE SLAW 69¢
TENDER VEAL ROAST BONELESS SHOULDER LB. 2.99
DELICIOUS VEAL BREAST STEWING STUFFING LB. 1.29
GWALTNEY GREAT DOGS PLUMP & JUICY LB. 89¢
GWALTNEY PURE PORK SAUSAGE GREAT BUY! LB. 1.29
GWALTNEY MEAT FRANKS LB. 1.39
GWALTNEY GREAT BOLOGNA TASTY LB. 99¢
OSCAR MAYER SLICED BOLOGNA 12 OZ. BEEF 1.49
12 OZ. OSCAR MAYER SLICED BOLOGNA REG. MEAT 1.39
SLICED BEEF LIVER TENDER LB. 79¢
MARINER BREADED FISH STICKS 8 OZ. PKG. 69¢
HOLLY FARMS CHICKEN BREAST QTR. FRYING LB. 93¢
HOLLY FARMS FRYING LEG QUARTERS LB. 85¢
MARKET STYLE PORK LEAN & MEATY SPARE RIBS LB. 1.49
MARKET STYLE SLICED SLICED BACON LB. 1.29
LUTER'S JUMBO MEAT FRANKS LB. 1.39

Produce

CRISP CALIFORNIA CELERY STALK 59¢
JUICY ANJOU PEARS LB. 49¢
FRESH MEDIUM LEMONS 10 FOR 1.00
GARDEN FRESH CARROTS 1 LB. BAG 29¢
NEW CROP SWEET POTATOES 3 LBS. 1.00
GOLDEN RIPE BANANAS 3 LBS. $1.00

Grocery

KELLOGG'S 18 OZ. BOX CORN FLAKES SAVE 10¢ 1.09
26 OZ., PLAIN, IODIZED MORTON'S SALT SAVE 6¢ 29¢
33 OZ. BOTTLE DOWNY SOFTENER SAVE 20¢ 1.19
25 SQ. FT. ROLL, ALUMINUM REYNOLD'S WRAP SAVE 10¢ 49¢
24 OZ. JAR FRENCH'S MUSTARD SAVE 20¢ 59¢
7 3/4 OZ. CAN, VAN CAMP'S BEANEE WEENEE SAVE 10¢ 49¢

Grocery

1 LB. BAG COFFEE MAXWELL HOUSE SAVE 24¢ 2.25
5 LB. BAG RICHFOOD SUGAR SAVE 10¢ 1.29
3 LB. CAN CRISCO SHORTENING GOOD BUY 1.99
16 OZ. BOX SUNSHINE KRISPY CRACKERS SAVE 40¢ 59¢
12 OZ. CAN SWIFT'S PREM SAVE 40¢ 1.29
100 COUNT BOX LIPTON TEA BAGS SAVE 50¢ 1.89
32 OZ. JAR DUKE MAYONNAISE SAVE 40¢ 99¢
6½ OZ. CAN BUMBLE BEE TUNA SAVE 20¢ 79¢
16 OZ. VAN CAMP PORK & BEANS SAVE 10¢ 35¢
10¾ OZ. CAMPBELL'S TOMATO SOUP SAVE 7¢ 23¢
32 OZ. LIQUID WISK DETERGENT SAVE 30¢ 1.69
7¼ OZ. DINNER MACARONI & CHEESE KRAFT SAVE 10¢ 35¢
46 OZ. CAN HI-C FRUIT DRINKS SAVE 10¢ 69¢
HALF GALLON CLOROX BLEACH SAVE 10¢ 59¢
18 OZ. PETER PAN PEANUT BUTTER SAVE 20¢ 1.79
32 OZ. JAR HEINZ KETCHUP SAVE 30¢ 1.09

Notice to our customers!!! Effective at the close of business Saturday, February 13th, we will DISCONTINUE GIVING S&H GREEN STAMPS. This in no way affects the redemption value of stamps you may have accumulated. New low grocery prices will replace this bonus, saving you more on prices than ever before!

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NONE SOLD TO DEALERS.

PRICES EFFECTIVE JANUARY 27-30, 1982

EFFECTIVE IMMEDIATELY...WE WILL DISCONTINUE OUR "DOUBLE STAMPS" OFFER.

Delicatessen

DELICIOUS, HOT BARBEQUE CHICKEN LB. 1.39
STORE SLICED OLD FASHIONED COOKED HAM LB. 2.39
KAHN'S SPICED LUNCHEON, P.& P. REG. BOLOGNA, BEEF BOLOGNA LUNCH MEATS STORE SLICED LB. 2.29
ALL THE TRIMMINGS HOT DOGS 4 FOR 1.00
HOT, CARRY OUT LUNCH COUNTRY STYLE STEAK CHOICE OF 2 VEGETABLES AND ROLL 2.59

Bakery

CHOCOLATE CHIP COOKIES DOZEN 1.19
COCONUT CUSTARD PIE EACH 2.39
LOAF POUND CAKE EACH 1.99
APPLE TURN-OVERS EA. 39¢
8" SQUARE COCONUT CAKE EACH 1.69